INVITATION

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SUNDAY, 20th SEPTEMBER 2020 | 7 PM - 9 PM

Dr. S. Arul Rajh (Chairperson)
Dr. Agam Vora (Moderator)
Dr. Nihar Mehta (Anchor)

TOPIC - INSOMNIA UPDATE: A FOCUS ON CLINICAL PATHWAYS AND WHY THEY MATTER

Dr. Manvir Bhatia
Vice President, Indian Society of Sleep Research

- Senior Consultant Neurology and Sleep Medicine
- Collaborated with WHO to develop guidelines for health issues related to sleep
- Author of the book “The Sleep Solution”, first non-fiction book on sleep in India
- Awarded by AAHPS (American Association of Physicians of Indian Origin, Boston) for “Extraordinary Contribution in Sleep Medicine” for the year 2017
- Awarded the India Gandhi Mahila Ratna Award & has won the best prize for “30,000 women Entrepreneur Certificate Programmed at IIBS, Hyderabad
- Member of International and National organizations on Neurology and Sleep

TOPIC - INTER RELATIONSHIPS BETWEEN CARDIOVASCULAR AND METABOLIC MORBIDITIES TO INSOMNIA

Dr. Naresh Goyal
Director - Interventional Cardiology & In charge Heart Failure Programme Cardiology, BLK Super Speciality Hospital, New Delhi
HOD Clinical / Research Cardiology. Max Super specialty Hospital, New Delhi

- Held senior academic and consultant positions in cardiology across different hospital institutions in New Delhi
- Principal investigator for four multicenter global clinical trials in cardiology
- Active interest in research & been co-investigator in more than 30 research & publications in various research and interventional cardiology therapies

TOPIC - RATIONAL PHARMACOTHERAPY SELECTION FOR INSOMNIA: BALANCING EFFICACY AND SAFETY

Dr. V.K.Aravind
Chairperson, SAARC Affairs Committee - IPS

- Senior Consultant Psychiatrist, Ram Psychiatry Hospital, Madurai
- Associate Editor, Indian Journal of Private Psychiatry (IAPP)
- Assistant Editor, Indian Journal of Psychological Medicine, South Zone (2010 – 2012)
- Published more than 40 articles in different Psychiatry & Medical journals
- Youngest to receive international fellow American Psychiatry Association (IFAPA)
- Delivered lectures, seminars & webinars at various international, National, Zonal and State Conferences

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