CIRCULAR NO. 1 / 2015

71st Annual Conference (2016) of The Association of Physicians of India

Venue of APICON 2016, Hyderabad: Hyderabad International Convention Centre (HICC) & Hyderabad International Trade Expositions Ltd. (HITEX), Near Hitec City, Hyderabad 500 081


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Theme: “Translating Evidence to Practice-Indian Perspective”

INSTRUCTIONS TO CONTRIBUTORS

1. Abstract must be submitted online (www.apicon2016sp.com)
2. In case of difficulty, contact us at apicon2016sp@gmail.com
3. Abstract must be typed single-space in English using at least 10 point size font and must fit inside the designated space and should not exceed 2000 characters.
4. The maximum characters permitted in the title are 100. Type body of the abstract in order of Introduction, Material, Observations and Conclusions.
5. Authors should be listed by initials and surname. Not more than 5 authors are to be included. Incase more than 5 authors are mentioned the first five will be taken.
6. Do not include title, names and institutions name in the body of the abstract.
7. Tables and graphs can be included and will be considered as 600 characters each. Photographs/Images/other figures will not be accepted.
8. Please proof read the abstract carefully for factual and spelling errors. The spelling of names, the order of authors and institution name will appear in JAPI as submitted.
9. Standard abbreviations are acceptable. Uncommon abbreviations must be put in parenthesis and proceeded by the full word the first time it appears in the text.
10. The presenting author must be a registered delegate for the conference.
Proposed Scientific Programme for APICON – 2016
Hyderabad, Telangana, India • 29th, 30th and 31st January, 2016
Theme : “Translating Evidence to Practice-Indian Perspective”

Orations:
• Presidential Oration: Dr. G.S. Wander
• Netaji Oration
• Dr. P. J. Mehta Oration
• Dr. G. S. Sainani Oration
• Dr. V. Parameshvara Life Time Achievement Award
• Prof Rathinavelu Subramanian Endowment Oration
• Sanofi Aventis Senior Lecturership in Diabetes
• Dr. Coelho Memorial lecturership in experimental medicine
• API Novo Nordisk Oration

Award Sessions
1. Dr. D. P. Basu Young Award in Cardiology
2. E. Merck Award
3. Dr. J. N. Berry Memorial Award
4. Dr. M. J. Shah Memorial Award in Tropical Medicine

There will be four award sessions at the 2016 Annual Conference of API at Hyderabad. The rules and regulations of these awards are as under:

1. Papers that are accepted for presentation in the Award Session at the Annual Conference will be divided subject-wise into four groups.

Group I: Cardiology
• Dr. D.P. Basu Young Award

Group II: Chest Diseases
• E. Merck Award

Group III: Other Specialities
• Dr. J.N. Berry Award

Group IV: Tropical Medicine
• Dr. M.J. Shah Award

The award of Dr. J.N. Berry Memorial Award and E. Merck Award are given in alternate years in Group II and III papers. At the 2016 Annual Conference Dr. J.N. Berry Award for other specialities will be awarded. Dr. D.P. Basu Young Award will be for Cardiology and Dr. M.J. Shah Memorial Award for Tropical Medicine.

Suggestions should be accompanied with eight copies of a brief bio-data of the suggested name, so as to reach the API office not later than 31st July, 2016.

2. The competitor must be the first author of the paper submitted for presentation at the API sessions of the Annual Conference. A testimonial must be submitted from the Head of the Institution that the major work has been done by the competitor. Papers which are previously presented or published will not be considered. The competitor should also give a written pledge stating that the work has not been presented or published before. He / she should be a member of API.

3. Dr. D. P. Basu Awards are of ₹ 1,000/- each. Dr. J.N. Berry Award ₹ 2,000/- and Dr. M. J. Shah Memorial Award is of ₹ 2,500/-. 

4. The upper age limit of the competitor is 40 years (proof to be attached).

5. The decision will be taken by a panel of judges appointed by the Governing Body of API.

6. The candidate must apply for the award and full papers will be presented in separate award session.

7. Eight copies of full manuscript will have to be submitted to Dr. G.S. Wander, Chairman, Scientific Committee of APICON 2016, by 31st July, 2015. One copy of the paper should be sent to Dr. Milind Y. Nadkar, Hon. General Secretary of API at Mumbai. Turf Estate # 6 & 7, Off Dr. E. Moses Road, Opp. Shakti Mills Compound, Near Mahalaxmi Station (West), Mumbai 400 011.

8. The decision of the panel of judges will be final and binding to all concerned.

Prestigious Awards of API
1. GIFTED TEACHER (2015)
2. DISTINGUISHED MEMBER (2015)

Free Papers Sessions (Oral Presentation)
Dr. M. Vishwanathan Poster Presentation
Cardiology
• Heart failure: Evidence based care in 2016
• Acute coronary syndrome
• Management protocol for STEMI in India.
• Valvular Heart Disease: when to intervene and operate?
• Hypercoagulable states
• Approach to management of adult congenital heart disease
• Newer anticoagulants & antiplateles drugs
• When to intervene in coronary artery disease
• Antianginal drugs-choices & indications
• Newer lipid guidelines – Interpretation and application for Indians
• Isolated systolic hypertension
• Indian Hypertension Guidelines III

Hypertension
• Pregnancy-induced hypertension
• Hypertensive emergencies
• Hypertension in elderly
• Therapeutic challenge of resistant hypertension- Indian perspective
• Isolated systolic hypertension
• Indian Hypertension Guidelines III

Neurology
• Management and psychosocial issues in epilepsy.
• Advances in stroke management
• Headache
• Neuromuscular diseases
• Movement disorders
• Vertigo
• Dementias
• Demyelinating disorders
• CNS infections

Nephrology
• Acute kidney injury
• Recurrent UTI
• Renal tuberculosis
• Drug dose adjustment in chronic renal diseases
• Anemia of chronic kidney disease
• Immunization in CRF
• UTI in pregnancy
• Fluid management in special situations
• Cardio renal syndrome
• Proteinuria: an early marker

Infectious Diseases
• Newer antibiotics available in India
• Scrub typhus
• Hyperphagocytic syndrome
• Antifungal drugs
• Dengue
• Leptospirosis
• Swine Flu
• Amoebiasis
• Opportunistic fungal infections
• Treatment of cryptococcosis: what is new?
• Management of infections during pregnancy
• Albumin for severe sepsis & septic shock

Diabetes
• Gestational diabetes mellitus
• Diabetic foot
• Treatment- Type 2 diabetes
• Insulin guidelines
• Diabetic emergencies
• Evaluation of diabetic nephropathy
• Diabetic Gastropathy
• How tight is right? Debating the issue of optimal diabetes control
• Diabetogenicity of Indian diet
• OHA and pregnancy: Current scenario

Gastroenterology
• Prokinetic drugs: which one, where?
• Irritable bowel syndrome
• Coeliac disease- Are we still under diagnosing?
• Probiotics- Publicity or panacea
• Inflammatory bowel disease
• Management of acute pancreatitis
• Abdominal tuberculosis- Current concepts in diagnosis and management
• Approach to chronic diarrhoea
• GERD: Its manifestations
• Proton pump inhibitors: Where, when and how to use them?
• Innovations in endoscopy

Hepatology
• Liver transplantation in India: Where are we?
• HCV in India: Newer management strategies
• Managing ATT hepatotoxicity
• Non-Alcoholic Fatty Liver Disease (NAFLD): Where do we stand today?
• Hepatitis B in pregnancy
• Cholestatic liver disease
• Hepatorenal syndrome: clinical considerations
• Alcoholic liver disease

Endocrine
• Disorders of thyroid gland
• Disorders of growth and development
• Hirsutism
• Andropause- How relevant?
• Testosterone as a therapeutic tool
• Hypothyroidism- Towards an Indian consensus

Haematology
• Febrile neutropenia – Current guidelines
• Anemia A clinical approach
• Myelodysplastic syndromes
• Thrombocytopenia – Clinical approach
• New blood transfusion guidelines
• Clinical vignettes in multiple myeloma
• Blood component therapy
• Interpretation of iron studies and its clinical utility
• How do I interpret the peripheral blood film

Obesity and Nutrition
• Management of obesity
• Bariatric procedures- Endoscopic and/or surgical.
• Assessment of nutritional status
• Food allergy and food intolerance
• Minerals, trace elements and antioxidants
• Micronutrients in health and disease
• Vitamin – D3: Role in various diseases
• Nutrition in special situations

Rheumatology
• Treatment of rheumatoid arthritis: Indian perspective
• Lab investigations in rheumatic diseases
• Pulmonary manifestations in rheumatology
• Biosimilars in RA: Sooner than later
• Gout-moving from evidence to practice
• Treating to target in lupus-What, why and how?
• Emergencies in rheumatology
• Treatment of spondyloarthopathy

Immunology
• Laboratory investigations in immune – Mediated diseases
• Pharmacological manipulation of the immune system
• Primary immunodeficiency disorders- A clinical approach

HIV
• Emergencies in HIV medicine
• Current guidelines for antiretroviral therapy
• HIV and TB
• Opportunistic infections
• AIDS wasting syndrome : Current concepts in management
• HIV and pregnancy
• AIDS related malignancies
• Management of HIV- Indian perspective

Respiratory System
• Management of interstitial lung disease
• Spectrum of aspergillosis
• Allergy testing: Does it contribute?
• Obstructive sleep apnea syndrome
• Pulmonary tuberculosis: Indian and WHO standard of care
• Acute respiratory diseases
• Guidelines for Community Acquired Pneumonia(CAP)
• Newer drugs in management of COPD
• Recent advances in the diagnosis of tuberculosis
• Practical aspects in using non invasive ventilation
• Pulmonary Nodule – Diagnostic modalities and Management.
• Refractory Asthma/ Asthma Exacerbations New concepts in 2015
• XDR Tuberculosis.
• Whether we have failed in Tuberculosis management by DOTS?
• E- Cigarettes: divide and conquer.

Environmental
• Environmental pollution
• Climate change – health and disease
• Electric shock and lightning injury
• Radiation hazards
• Heat stoke
• Hypothermia – recognition and treatment
• AIR pollution – A major global threat to lung health

Poisoning and Toxicology
• Scorpion sting
• Snake bite
• Aluminium phosphate poisoning
• Common poisons in India

Oncology
• Advances in management of multiple myeloma
• Approach to lymphopenopathy
• Approach to anemia in elderly
• Tumor makers
• Opportunistic infections in oncology
• Solitary lung nodule- approach
• Neuro-endocrine tumors
• Late complications of cancer management
• Obesity and cancer
• Current approach to myeloproliferative disorders
• Gynaecological malignancies
• Oncological emergencies
• Paraneoplastic syndrome
• Supportive care in cancer

Geriatrics
• Immune status in the elderly
• Anemia in elderly
• Bladder disturbances in elderly
• Comprehensive geriatrics assessment

Intensive Care
• Hemodynamic monitoring in ICU’s
• ABG analysis & interpretation: Stepwise approach
• Fluid therapy in critical care
• Optimising nutrition in critically ill
• Extra corporeal membrane oxygenation (ECMO)
• Procedures in ICU
• Resuscitation fluids in critical illness.
• Delirium in the ICU
• Do colloids save lives in hypovolemic shock
• Renal Replacement therapy in the ICU

Soft Skills and Social Issues
• Medical ethics and corporate health care
• End of life issues: Ethical considerations
• Genetic testing: Pros and cons!

• Patient empowerment: Good or bad
• Medicine and social media
• Indian Consumer Protection Act - Blessing or curse
• Role of public health system in present health scenario
• Clinical empathy: Is it important
• Doctor patient relationship.
• Is doctor still a God or mere a service provider
• Is power of clinical examination weakening
• Computer induced health problems and solutions
• Internet addiction: myths and realities
• Meditation and medicine.
• Is future medicine in your smartphone
• Utility of smartphone medical devices and apps
• Ethical challenges in era of health care reforms
• Medical consent in India- ethical and legal issues
• Medical ethics: past, present and future
• What does India need: clinical or high-tech medicine
• Bioethics and medical ethics.
• Symposium on communication
• Art and science of clinical decision making
• How to write a good prescription
• End of Life care

Aviation medicine, Sexual medicine and Nuclear medicine

Debates and controversies in medicine, Therapeutic dilemmas and Pictorial CME’s

Clinico - Pathological Conference

FULL DAY WORKSHOPS ON: Echocardiography; Electrocardiogram; Sleep studies; GI Endoscopic procedures; EEG- (Electroencephalography) recording and interpretation; Scientific paper writing and presentation; Use of internet, apps and medical sites for Physicians; Intensive Care Unit workshop (intubation, central lines, non- invasive and invasive ventilation).

BEDSIDE SESSIONS WITH EXPERTS (PG rounds): History taking, Physical examination, approach to investigations and interpretation

INTERESTING CASE SESSIONS: Clinical riddles and problems, uncommon case studies and multisystem diseases.

CPC
Debates
Case Presentations
Research Paper Presentation

Dr. Milind Y. Nadkar
Hon. General Secretary

Date : 30th April, 2015
Place : Mumbai