70th Annual Conference (2015) of The Association of Physicians of India

Venue of APICON 2015, Gurgaon: APICON GURUKUL, Leisure Valley Convention Centre, Sector- 29, Gurgaon, Haryana- 122001

Dates: 19th February, 2015 to 22nd February, 2015

Organising Secretary - APICON 2015: Dr. Ashok K. Taneja
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Theme: “Optimizing Patient Care”

INSTRUCTIONS TO CONTRIBUTORS

1. Only abstract papers, duly typed in the abstract format (copy attached) are to be submitted for APICON 2015. The abstracts should be submitted in triplicate in the abstract format only (one copy in original and two photocopies). An abstract that is not submitted in the abstract format will not be considered. The material should be accommodated within the frame of the format. The abstract must be sent on CD and mandatory e-mail also (sciapicon2015@gmail.com).

2. The name of the person who would be presenting the paper must be clearly underlined amongst the names of authors and the name and address of this person must be clearly mentioned with his signature. The correspondence address must also have the Pin Code Number, Mobile Number, and Fax Number & E - Mail address.

3. The last date for submission of abstracts will be 31st July 2014 which will not be extended. The abstracts should be submitted to Dr. Rajesh Upadhyay, Chairman, Scientific Committee APICON 2015

4. Presenting authors must register for APICON - 2015.

5. If the authors of accepted paper remain absent without prior intimation to the Chairman of the Scientific Committee of API, the authors will not be considered for two subsequent conferences.

6. Please suggest names for Chairman, Co-chairman for the scientific sessions. The written consent with registration number of APICON 2015 may be sent to Dr. Rajesh Upadhyay, Chairman Scientific Committee of APICON 2015 at the above address.

7. For further details, please refer to the abstract format.
Proposed Scientific Programme for APICON – 2015
Gurgaon, Haryana, India • 20th, 21st and 22nd February, 2015
Theme : “Optimizing Patient Care”

Orations:
• Presidential Oration: Dr. Rajesh Upadhyay
• Netaji Oration
• Dr. P. J. Mehta Oration
• Dr. G. S. Sainani Oration
• Dr. V. Parameshvara Life Time Achievement Award
• Prof Rathinavelu Subramaniam Endowment Oration
• Sanofi Aventis Senior Lecturership in Diabetes
• Dr. Coelho Memorial lecturership in experimental medicine
• API Novo Nordisk Oration

Award Sessions
1. Dr. D. P. Basu Young Award in Cardiology
2. E. Merck Award
3. Dr. J. N. Berry Memorial Award
4. Dr. M. J. Shah Memorial Award in Tropical Medicine

There will be four award sessions at the 2015 Annual Conference of API at Gurgaon. The rules and regulations of these awards are as under:

1. Papers that are accepted for presentation in the Award Session at the Annual Conference will be divided subject-wise into four groups.
   - **Group I:** Cardiology
     - Dr. D.P. Basu Young Award
   - **Group II:** Chest Diseases
     - E. Merck Award
   - **Group III:** Other Specialities
     - Dr. J.N. Berry Award
   - **Group IV:** Tropical Medicine
     - Dr. M.J. Shah Award

2. The competitor must be the first author of the paper submitted for presentation at the API sessions of the Annual Conference. A testimonial must be submitted from the Head of the Institution that the major work has been done by the competitor. Papers which are previously presented or published will not be considered. The competitor should also give a written pledge stating that the work has not been presented or published before. **He / she should be a member of API.**

3. Dr. D. P. Basu Awards are of ₹ 1,000/- each. E. Merck Award ₹ 2,000/- and Dr. M. J. Shah Memorial Award is of ₹ 2,500/-

4. The upper age limit of the competitor is 40 years.

5. The decision will be taken by a panel of judges appointed by the Governing Body of API.

6. The candidate must apply for the award and full papers will be presented in separate award session.

7. Eight copies of full manuscript will have to be submitted to Dr. Rajesh Upadhyay, Chairman, Scientific Committee of APICON 2015, by 31st July, 2014. One copy of the paper should be sent to Dr. Milind Y. Nadkar, Hon. General Secretary of API at Mumbai. Turf Estate # 6 & 7, Off Dr. E. Moses Road, Opp. Shakti Mills Compound, Near Mahalaxmi Station (West), Mumbai 400 011.

8. The decision of the panel of judges will be final and binding to all concerned.

**Prestigious Awards of API**
1. GIFTED TEACHER (2014)
2. DISTINGUISHED MEMBER (2014)

**Free Papers Sessions (Oral Presentation)**
Dr. M. Vishwanathan Poster Presentation

**Cardiology**
- Heart Failure
- Acute Coronary Syndrome
- Microvascular CAD
- Angioplasty
- Cardio myopathy
- Arrhythmias
- Multivessel CAD- CABG vs Angioplasty Coronary
- Management of Valvular Heart Disease
- Thromboembolic Diseases in Pregnancy
- Hyperhomocysteinemia and its Implications in Atherosclerosis – The Indian Scenario

**Hypertension**
- Pregnancy-induced Hypertension
- Hypertensive Emergencies
- Hypertension in Elderly
- Complications
- Evolving Clinical Strategy in the Treatment of Hypertension
- Current Status of Diuretics in Management of Hypertension
- Hypertension in Patients with Renal Failure
- Therapeutic Challenge of Resistant Hypertension – Indian Perspective
- Isolated Systolic Hypertension
Neurology
- Epilepsy
- Thrombolysis in acute ischemic stroke
- Stem cell therapy in stroke
- Headache
- Meningitis
- Peripheral Neuropathy
- Parkinsonism
- Vertigo
- Alzheimer
- Demyelinating disorders
- Secondary Prevention of Ischemic Stroke
- Recent Trends in Management of Migraine
- Aneurysmal Subarachnoid Hemorrhage

Nephrology
- Acute kidney injury Hyponatremia
- Stem cell in kidney disease
- EGFR-clinical significance
- Recurrent UTI
- CRF and Pregnancy
- Renal replacement therapy
- Renal Tuberculosis
- Drug Dose Adjustment in Chronic Renal Diseases
- Anemia of Chronic Kidney Disease

Infectious Diseases
- Typhoid Fever
- Malaria
- Dengue
- Leptospirosis
- Swine Flu
- Viral Infections
- Rabies, Amoebiasis
- Opportunistic Fungal Infections
- Chikungunya
- Neurocysticercosis
- Treatment of Cryptococcosis: What is New
- Management of Infections During Pregnancy

Diabetes
- Gestational Diabetes Mellitus
- Diabetic Foot
- Treatment-- Type 2 Diabetes
- Insulin Guidelines
- Diabetic Emergencies
- Metabolic Syndrome
- Diabetes in the Elderly
- Evaluation of Diabetic Nephropathy
- Diabetic Gastropathy
- Aspirin in diabetics- how,when, why
- Peripheral Vascular Disease in Diabetes: Special Considerations
- How Tight is Right? Debating the Issue of Optimal Diabetes Control
- Diabetogenicity of Indian Diet
- OHA and Pregnancy: Current Scenario

Gastroenterology
- Irritable bowel Syndrome
- Chronic Pancreatitis
- Coeliac disease- are we still underdiagnosing
- Probiotics- publicity or panacea
- Inflammatory Bowel Disease
- Management of Acute Pancreatitis
- Abdominal Tuberculosis – Current Concepts in Diagnosis and Management
- Incidentally detected pancreatic cystic lesion
- Approach to Chronic Diarrhoea

Hepatology
- Hepatitis C
- Managing ATT hepatotoxicity
- Non-Alcoholic Fatty Liver Disease (Case based discussion)
- Hepatitis B in pregnancy
- Cholestatic liver disease
- Hepatorenal Syndrome: Clinical Considerations
- Current Status of Liver Transplantation in Asia

Endocrine
- Endocrine Disorders – A Clinical Approach
- Disorders of Thyroid Glands
- Disorders of Growth and Development
- Hirsutism
- Andropause – How Relevant
- Testosterone as a Therapeutic Tool
- Hypothyroidism – Towards an Indian Consensus

Haematology
- Febrile neutropenia- current guidelines
- Anemia A Clinical Approach
- Myelodyplastic Syndromes
- Thrombocytopenia-clinical approach
- How to interpret BT, PT and APTT
- New Blood Transfusion Guidelines
- Diagnosis and Management of Acute Myeloid Leukemia
- Clinical vignettes in Multiple Myeloma
- Blood Component Therapy

Obesity
- Management of Obesity
- Obesity Diets

Nutrition
- Assessment of Nutritional Status
- Food Allergy and Food Intolerance
- Traditional vs Non-traditional Diets – Did our Grandmother Know the Best
- Minerals, Trace Elements and Antioxidants
- Micronutrients in Health and Disease
- Vitamin – D3
- Nutrition in special situations

Rheumatology
- Biosimilars in RA- sooner than later
- SLE
- Biologics in osteoporosis
- Gout-moving from evidence to practice
- Chickenguniya arthritis
- AS- evidence based recommendations
- Treating to target in lupus- what,why and how
- Emergencies in Rheumatology
- Biotechnology Solutions for Inflammatory Arthritis – RA and SPA
- Uncensored Saga of Interventional Rheumatology
- Treatment of Spondyloarthopathy

Immunology
- Laboratory Investigations in Immune – Mediated Diseases
- Pharmacological Manipulation of the Immune System
- Primary Immunodeficiency Disorders – A Clinical Approach

HIV
- Emergencies in HIV Medicine
- Current Guidelines for Antiretroviral Therapy
- HIV and TB
- Opportunistic Infection
- Non tubercular infection in HIV
- AIDS Wasting Syndrome: Current Concepts in Management
- HIV and Pregnancy
- AIDS–Related Malignancies
• Management of HIV – Various Protocols, Rational Behind Them, Pros and Cons in Ref to Our Country

Respiratory System
• Obstructive Sleep Apnea
• Brachial Asthma
• Pulmonary Tuberculosis
• Acute Respiratory Distress
• Guidelines for Community Acquired Pneumonia (CAP)
• Role of Immunomodulators in the Management of MDR – TB
• Management of COPD – A Clinical Scenario
• Recent Advances in the Diagnosis of Tuberculosis
• Non-Invasive Ventilation

Environmental
• Environmental Pollution
• Climate Change – Health and Disease
• Electric Shock and Lightning Injury
• Radiation Hazards
• Environmental Disasters
• Heat Stroke
• Hypothermia – Recognition and Treatment

Poisoning and Toxicology
• Scorpion Sting
• Snake Bite

Oncology
• Tumor markers
• Opportunistic infections in oncology
• Solitary lung nodule – approach
• Neuro-endocrine tumors
• Late complications of cancer management
• Chemoprevention of cancers
• Obesity and cancer
• Current approach to myeloproliferative disorders
• Gynaecological Malignancies
• Oncological Emergencies
• Paraneoplastic Syndrome
• Supportive Care in Cancer
• Oncology and Haematological Malignancies

Nuclear Medicine
• PET scan
• ASNC Imaging Guidelines for Nuclear Cardiology Procedures.

Geriatrics
• Sex in the Elderly
• Immune Status in the Elderly
• Anemia in Elderly
• Bladder Disturbance in Elderly
• Contemporary Issues in the Health of the Elderly
• Comprehensive Geriatrics Assessment
• Infection in Elderly or Dementia
• Mini mental scoring how much applicable in India
• Neuronal Control of Aging: Hormonal Signaling and Metabolic Pathways

Aviation Medicine

Sexual Medicine

Pictorial CME

Therapeutic Dielemmas

Diagnostic Confusions and Use of Tools

Miscellaneous
• Consent – Medico-Legal importance
• Symposium on communication
• Common conditions – difficult to treat
• Art and science of clinical decision making
• How to write a good prescription?

CPC

Debates

Case Presentations

Research paper presentation

Dr. Milind Y. Nadkar
Hon. General Secretary

Date : 30th April, 2014
Place : Mumbai